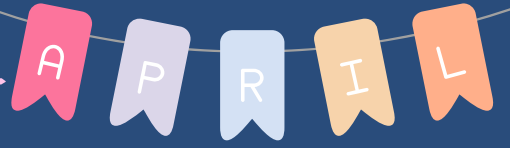


FIT & FUN REPORT

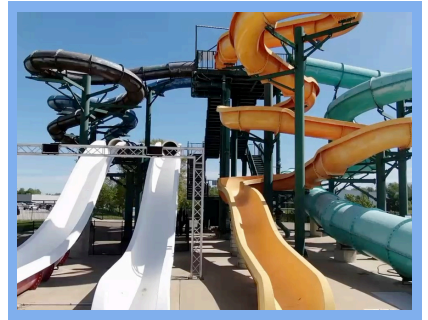


Waterpark Season is Just Around the Corner!

Opening Weekend: May 22nd-May 24th

The countdown is officially on! In just 43 days, Silverlake's Waterpark reopens for the 2026 summer season on Memorial Day Weekend, and we are ready to make a splash.

Stay tuned for more details on all the fun to look forward to this summer!



Meet Our Newest Team Member

Jami Anderson

Food and Beverage Director

"Hi! I'm Jami, and I'm so excited to be a part of the Silverlake team. Please stop by and say hello!"

When I'm not at Silverlake, I coach cheerleading at Mount Saint Joseph University and enjoy spending time cooking. I'm also the proud parent of a very energetic and silly 12-year-old daughter who you may see with me from time to time.

It's so nice to meet you all, and I look forward to getting to know everyone."



Spring into Something New at Silverlake

Swim Lessons

Summer is just around the corner, and there's no better time to build skills and confidence in the water. Our swim lesson programs help children of all ages and skill levels grow stronger, safer and more comfortable in the pool! Get waterpark season ready. Email Lauren at triehll@silverlakefamily.com to get started.

Birthday Parties

Looking for an unforgettable birthday experience? From swimming and sports to climbing and active play, Silverlake birthday parties are fun, easy, and full of energy. Our team handles the setup and coordination so you can enjoy the celebration.

Contact us to learn more about available party packages.

Youth Fitness Class

Beginning April 22nd

Our Youth Fitness Class is all about getting kids moving, building confidence, and having a blast while doing it. This play-based program blends games, team challenges, and creative activities to keep kids engaged and excited about exercise. From obstacle courses and relay races to partner workouts and skill-based games, every session is designed to improve strength, coordination, endurance, and teamwork—without it feeling like a "workout."

We focus on creating a positive, encouraging environment where kids can be themselves, make friends, and develop healthy habits that last a lifetime. Whether your child is athletic or just getting started, this class meets them where they are and keeps them coming back for more—because fitness should always be fun.

- **Who:** Ages 10-14
- **When:** Wednesdays at 5pm
- **Where:** Silverlake Group Exercise Studio (Aerobics Room)
- **Pricing:** \$10 per class (First two classes, 22nd and 29th, are FREE to come try it out!)

 REGISTER HERE!

Member Guest Days

Bring a guest. Share the energy. Grow the community.

Wednesday
April 22nd

Wednesday
April 29th

Earn a **\$50 gift card** if your guest joins!

FOLLOW US ON SOCIAL MEDIA FOR MORE UPDATES!

