

FIT & FUN REPORT

March

Summer Camp Enrollment Opens TODAY at 9:00 AM

Get ready for the best summer ever at Silverlake Academy!

We're excited to offer **two incredible programs** designed to keep kids active, engaged and having fun all summer long:

Summer Camp (Members Only)

Perfect for families looking for flexibility and fun!

- School-Age Program
- Preschool Program
- Flexible scheduling options (choose part weeks or part days!)

Summer Sports Camp

(Members & Non-Members Welcome!)

An action-packed summer experience!

- A different sport each week (9:00 AM – 2:00 PM)
- Before & after care available for a full day of fun

 REGISTER NOW!

Monday Night Trivia

March 9th at 6:00 PM

Sponsored by:



Gather your team, test your knowledge and enjoy beer specials all night long thanks to our friends at Sierra Nevada. Whether you're in it to win it or just coming for the drinks and laughs, it's the perfect way to kick off your week.

Bring your smartest friends (or at least the ones who think they are!). See you there!



Lucky Finds at Silverlake

Swim Lessons

Summer is just around the corner, and there's no better time to build skills and confidence in the water. Our swim lesson programs help children of all ages and skill levels grow stronger, safer and more comfortable in the pool! Get waterpark season ready. Email Jen at Jrehberger@silverlakefamily.com to get started.

Birthday Parties

Looking for an unforgettable birthday experience? From swimming and sports to climbing and active play, Silverlake birthday parties are fun, easy, and full of energy. Our team handles the setup and coordination so you can enjoy the celebration.

Contact us to learn more about available party packages.



Sports Development

Taekwondo

Ready to kick into something exciting this spring? Join Taekwondo 2026 at Silverlake Academy a dynamic martial arts program that helps kids build discipline, confidence, focus and strength in a fun, supportive environment!

- **Who:** Ages 5 & up
- **When:** Sundays, Spring Session runs April 19th – May 31st (no class May 10)
- **Where:** Silverlake Group Exercise Studio (Aerobics Room)
- **Classes:**
 - White belt & beginner students: 11:00 AM – 12:00 PM
 - Returning yellow belt & up: 12:00 PM – 1:00 PM
- **Instructor:** Meredith Kappes, 3rd-degree black belt
- **Pricing:** Members \$125/session • Non-members \$155/session

 REGISTER HERE!

Waterpark Season is Just Around the Corner!

Opening Weekend: May 22nd-May 24th

The countdown is officially on! In just 81 days, Silverlake's Waterpark reopens for the 2026 summer season on Memorial Day Weekend and we are ready to make a splash.

Stay tuned for more details on all the fun to look forward to this summer!

Member Guest Days

Bring a guest. Share the energy. Grow the community.

Wednesday

March 4th

Saturday

March 14th

Wednesday

March 18th

Earn a **\$50 gift card** if your guest joins!

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