

FIT & FUN REPORT



December



Santa's Coming to Silverlake

Ho Ho Ho! Silverlake is having a very special visitor from the North Pole.

Mark your calendars for **Sat, December 6th, 9:00 AM - 12:00 PM** for our annual Christmas Party. Kids will have the opportunity to fill out letters to Santa, get photos and share their Christmas wishlist.

Enjoy food, family fun and a festive holiday celebration!

Get a Jump on 2026 Fitness Goals: December Healthy Start

Instead of a challenge this month, we're inviting you to take advantage of Healthy Start — a free session with a Silverlake fitness professional to set personal goals and build a plan that works for you. It's open to all members and designed to help you stay active without the pressure.

Our Fitness Instructor Dave will be sharing a 4-week video series with simple holiday activity tips, a look at our free team training class, family-friendly fitness ideas around the club, and how to transition into your New Year routine.

[Schedule your Healthy Start Here!](#)



Monday Mingle

Join us on **December 8th from 11:30 AM - 1:00 PM** for our annual Monday Mingle Cookie Exchange.

Monday Mingle is a social time designed for our community members aged 60 and older.

Give the Gift of Silverlake! 🎁

Wrap up the ultimate experience gift this holiday season! Fun, fitness and adventure for the whole family. Our limited-time 2-Month Paid-in-Full Membership Gift Packs include:

- ✧ \$0 enrollment
- ✧ Assessment included
- ✧ 30-Day Entertainment Package
- ✧ 2 free guest passes

From Trampoline Park, Duckpin Bowling, Climbing Walls and Aquatics to Fitness and Family Adventures, Silverlake Experience Gifts mean nonstop excitement.

Gift Packs available through Dec. 31 only.

Grab yours here! 🐼 <https://silverlakefamily.com/gift-memberships/>

Winter Break Day Camps

Register Today!

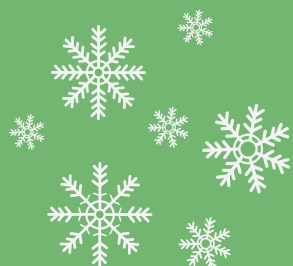
DEC 22ND - JAN 2ND

Kids on break for the holidays? Keep them active and engaged with Silverlake Winter Break Day Camps running through January 2nd. Spots are limited, so register now to secure their place in the fun!

December Bring a Guest Free Days!

December 3rd and December 10th

Earn up to **two months free dues** if your guest joins!



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