

## Silverlake Academy March Menu

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|--|--|---|---|
| A.M. Snack:   | A.M. Snack:  | A.M. Snack:  | A.M. Snack:   | A.M. Snack:   |
| Nutrigrain Bar<br>Or Mini Muffin<br>Fruit Cup<br>Milk | Nutrigrain Bar<br>Or Mini Muffin<br>Fruit Cup<br>Milk                      | Nutrigrain Bar<br>Or Mini Muffin<br>Fruit Cup<br>Milk                                      | Nutrigrain Bar<br>Or Mini Muffin<br>Fruit Cup<br>Milk           | Nutrigrain Bar<br>Or Mini Muffin<br>Fruit Cup<br>Milk |
| Lunch:  | <u>Lunch:</u>  | Lunch:   | <u>Lunch:</u>   | <u>Lunch:</u>   |
| Chicken Tenders<br>Green Beans<br>Fruit Cup<br>Milk   | Chicken Noodle Soup 1/2 Grilled Cheese Sandwich Corn Mandarin Oranges Milk | Penne Pasta<br>Marinara Sauce<br>(on the side)<br>Salad w/ Carrots<br>Apple Slices<br>Milk | Mini Pancakes<br>Sausage Links<br>Potato Tots<br>Banana<br>Milk | Pizza<br>Carrots & Dip<br>Apple Sauce<br>Milk         |
| P.M. Snack:   | P.M. Snack:  | P.M. Snack:  | P.M. Snack:   | P.M. Snack:   |
| Goldfish<br>Juice & Water                             | Veggie Straws<br>Juice & Water   | Popcorn<br>Juice & Water   | Pretzels<br>Juice & Water                                       | Graham Crackers<br>Juice & Water                      |

<sup>\*\*\*</sup>Even though you have filled out food allergies and dietary requirements on your application, please direct any dietary concerns, restrictions, or food allergies to the staff or call (859) 426-7777