



# Silverlake Academy

## February Menu

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b><u>Breakfast:</u></b>  Nutrigrain Bar Or Mini Muffin Fruit Cup Milk	<b><u>Breakfast:</u></b>  Nutrigrain Bar Or Mini Muffin Fruit Cup Milk	<b><u>Breakfast:</u></b>  Nutrigrain Bar Or Mini Muffin Fruit Cup Milk	<b><u>Breakfast:</u></b>  Nutrigrain Bar Or Mini Muffin Fruit Cup Milk	<b><u>Breakfast:</u></b>  Nutrigrain Bar Or Mini Muffin Fruit Cup Milk
<b><u>Lunch:</u></b>  Chicken Tenders Green Beans Fruit Cup Milk	<b><u>Lunch:</u></b>  Chicken Noodle Soup ½ Grilled Cheese Sandwich Corn Mandarin Oranges Milk	<b><u>Lunch:</u></b>  Penne Pasta Marinara Sauce (on the side) Salad W/ Carrots Apple Slices Milk	<b><u>Lunch:</u></b>  Mini Pancakes Sausage Links Potato Tots Banana Milk	<b><u>Lunch:</u></b>  Pizza Carrots & Dip Apple Sauce Milk
<b><u>P.M. Snack:</u></b>  Goldfish Juice & Water	<b><u>P.M. Snack:</u></b>  Veggie Straws Juice & Water	<b><u>P.M. Snack:</u></b>  Pretzels Juice & Water	<b><u>P.M. Snack:</u></b>  Popcorn Juice & Water	<b><u>P.M. Snack:</u></b>  Graham Crackers Juice & Water

\*\*\*Even though you have filled out food allergies and dietary requirements on your application, please direct any dietary concerns, restrictions, or food allergies to the staff or call (859) 426-7777