

SUMMER

CLASS SCHEDULE



SUMMER 1: MAY 30 - JULY 2/SUMMER 2: JULY 5 - AUGUST 6
9 WEEK LEAGUE: MAY 30 - AUG 6

NO CLASSES MAY 29 AND JULY 3-7. THESE CLASSES WILL BE PRORATED.

CLASS	LOCATION	MON	TUES	WED	THURS	SAT	PRICE (Mem/ Non)
Sports Development Ages 3&4 45 mins	Silverlake Gym		5:30PM 6:15PM				\$60/80
Learn to Play Tennis Ages 5-10 45 mins	Silver Lake Park - Tennis Courts (Crescent Ave)		5:30PM 6:15PM				\$60/80
Intro to Taekwondo Level 1 Ages 3+ 45 mins	Silverlake					12:30PM	\$90/115
Beginner Taekwondo Level 2 Ages 7+ 45 mins	Silverlake					1:15PM	\$90/115
T-Ball/ Coach Pitch Leagues 9 Weeks Ages 3-7 5/30/17- 8/6/17	Silverlake Front Yard	T-Ball Alternates 5:30PM & 6:30PM Age 3 (8 Week League)		T-Ball Alternates 5:30PM & 6:30PM Ages 4&5 (9 Week League)	Coach Pitch Alternates 5:30PM & 6:30PM Ages 6&7 (9 Week League)		\$95/115 (\$90/105 for 3 yr. old League)

Taekwondo does NOT include the cost of uniform.

Belt testing depends on readiness of student.

Advancement to the Orange belt is an open month-to-month program.

NO CLASSES THE WEEK OF JULY 3RD - 7TH

REGISTER AT THE FRONT DESK OR ONLINE AT SILVERLAKEFAMILY.COM
CALL FOR MORE INFO 859-426-7777 OR CONTACT BRYAN AT BFUSCO@SILVERLAKEFAMILY.COM

SPORTS DEVELOPMENT: AGES 3 & 4

This class is an introduction to the fundamental skills necessary to participate in a variety of sports and fitness activities. Throughout the session children will be introduced to various skill sets, such as throwing, catching, dribbling, passing, shooting, and striking. All skills will be developmentally appropriate for your child's age and ability. The focus of the class is on the "how to" and the development of correct technique in a fun and friendly environment.

T-BALL LEAGUE: AGE 3 — PLEASE WEAR BASEBALL HAT, GLOVE AND PANTS OR SHORTS.

This is a Learn-to-Play League for children who have an interest in playing t-ball! We focus on the fundamental skills of throwing, catching, hitting and teamwork in a friendly and fun environment. For the purpose of learning, this league is tailored toward the needs of younger players. **PLEASE NOTE THAT MAKE UP GAMES DUE TO WEATHER WILL BE MADE UP ON THE WEEKENDS. REFUNDS WILL NOT BE ISSUED BASE ON WEATHER.**

- All practices and games are on Mondays
- Parents are encouraged to help the first couple weeks.
- Season is 8 weeks long: 2 practices at 6 games
- Games are 4 innings or 30 minutes
- There are no outs; we do not keep track of the score.
- There are 4 teams with a maximum of 6 players
- Coaches stay on the field to help players.
- Players are introduced to playing the field.
- Players will bat every inning and run the bases
- Played with a softer baseball.

T-BALL LEAGUE: AGES 4-5 — PLEASE WEAR BASEBALL HAT, GLOVE AND PANTS OR SHORTS.

This is a non-competitive, co-ed league for children who want to learn how to play T-Ball! We focus on the fundamental skills of throwing, catching, hitting and teamwork in a friendly and fun environment. For the purpose of learning, this league is tailored toward the needs of younger players. Please note that make up games due to weather will be made up on the weekends. **PLEASE NOTE THAT MAKE UP GAMES DUE TO WEATHER WILL BE MADE UP ON THE WEEKENDS. REFUNDS WILL NOT BE ISSUED BASE ON WEATHER.**

- All practices and games are on Wednesdays
- Season is 9 weeks long: 2 practices at 7 games
- Games are 4 innings or 50 minutes
- There are no outs, we do not keep track of the score.
- There are 4 teams with a maximum of 8 players
- Coaches stay on the field to help players.
- Players bat at least 3 times and run the bases
- Players play all positions in the field
- Played with a soft core baseball (official T-Ball)

COACH PITCH LEAGUE: AGES 5-7 — PLEASE WEAR BASEBALL HAT, GLOVE AND PANTS OR SHORTS.

This is a semi-competitive, co-ed league for children who want to learn how to play baseball! We focus on the fundamental skills of throwing, catching, hitting and teamwork in a friendly and fun environment. For the purpose of learning, this league is tailored toward the needs of younger players: Please note that make up games due to weather will be made up on the weekends. **PLEASE NOTE THAT MAKE UP GAMES DUE TO WEATHER WILL BE MADE UP ON THE WEEKENDS. REFUNDS WILL NOT BE ISSUED BASE ON WEATHER.**

- All practices and games are on Thursdays
- Season is 9 weeks long: 2 practices at 7 games
- Games are 5 innings or 50 minutes
- Player gets option to use tee after 3 strikes
- Games played with outs
- Score and batting order kept by coach or parent volunteer
- Coaches "pitches" balls
- Played with a regulation little league baseball
- Batting helmet provided, but not required

TAEKWONDO

Training includes the teaching of blocks, kicks, punches, and other strikes, sparring, self defense, mental discipline and more tailored towards the age of the participant.

LEARN-TO-PLAY TENNIS: AGES 5-10

This class is for children looking to learn or improve their tennis skills. Classes are split up by age and/or experience, beginner and intermediate players welcome! Throughout the 5 week sessions, kids will learn all the basic skills needed to start playing tennis. They will be familiarized with the court and rules of the game. Class material includes hitting forehand, backhand, volleying, and serves. Kids will demonstrate and improve on these basics by engaging in fun games and skill-based drills. This is a non-competitive class, taught in a fun and friendly environment. The focus is always on learning "how to" and having fun! **PLEASE NOTE THAT MAKE UP GAMES DUE TO WEATHER WILL BE MADE UP ON THE WEEKENDS. REFUNDS WILL NOT BE ISSUED BASE ON WEATHER.**